



JAY'S INDIAN
@ CAFE INTERLUDE

FOOD FOOD FOOD
Biryani Biryani Biryani
Chicken Chicken
Naan Naan
Curry Curry
Indian Indian
Fresh Fresh
Punjabi Punjabi
Tesh Tesh
Mughlai Mughlai
Biryani Biryani
INDIAN INDIAN
chicken chicken
FOOD FOOD



Starters

Onion Bhaji	Deep fried crispy onion pattie	4.25
Samosa (2) (Meat or Vegetable)	Triangular stuffed pastry	4.25
Tikka Pakora	Battered chicken	4.35
Chicken Tikka Chaat	Chicken cooked with special chaat spices	4.75
Bhuna Puree (Chicken, Prawn or Keema)		4.75
Medium curry with onions served on traditional pastry bread		
King Prawn Bhuna on Puree		5.95
King Prawn Suka		5.95
Garlic Mushroom on Puree		4.55
Chicken Tikka Paneer		4.75

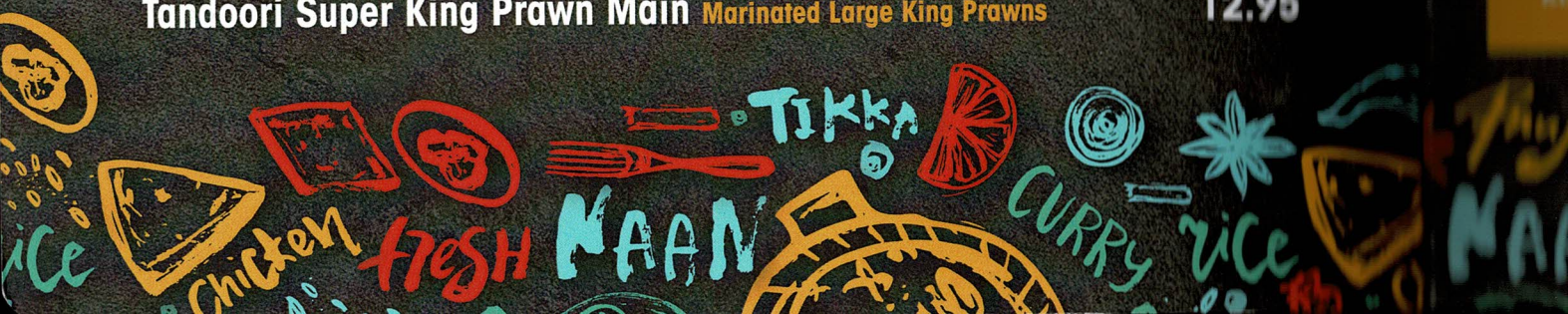
Tandoori Starters

Chicken Tikka or Lamb Tikka		4.95
Tandoori Chicken	Quarter chicken on the bone with special spices	4.95
Sheek Kebab	Minced rolls blended with herbs and spices	4.75
Mix Kebab (Tikka, Lamb, Sheek & Onion bhaji)		5.75
Lamb Chop Starter	Lamb Chops	5.95
Garlic Tikka Fry	Pan fried Chicken with lots of garlic	5.75
Punjabi Tikka Chicken	Hot!	5.75
Chicken stir fried with green peppers, onions, chillies & Naga		
Chicken or Lamb Stuffed Pepper		5.75

Tandoori Dry Main Dishes

Our version of the great British Barbeque! Marinated meats cooked on the skewer in our tandoori oven to give a robust flavour. A great healthier option too with less oil and little sauce.

Tandoori Chicken Main	Half chicken on the bone with special spices	9.95
Tikka Chicken Main	Chicken Pieces blended with herbs and spices	9.95
Lamb Chop Main		10.95
Lamb Chops marinated in chefs fine spices & cooked in the Tandoor		
Lamb Tikka Main	Succulent chunks of British Lamb cooked to perfection in our oven	9.95
Tandoori Mix Grill Main		12.50
Tandoori Chicken, chicken tikka, king prawns, Lamb & shish		
Tandoori Super King Prawn Main	Marinated Large King Prawns	12.95



Tandoori Specialities

<p>Masala</p> <p>Britain's Favourite mild Curry prepared with ground nuts, cream and coconut</p>	<p>Chilli Masala</p> <p>A spicy Masala with onions and chilli</p>	<p>Jalfrezi</p> <p>Peppers, Onions, tomatoes and green chillies</p>
<p>Shashlik</p> <p>marinated and Skewered meat with peppers, onions & Corriander</p>	<p>Punjabi</p> <p>Hot & spicy - Chicken stir fried with green peppers, onions, chillies & Naga</p>	<p>Garlic Fry</p> <p>Pan fried Chicken with lots of garlic</p>
<p>Tikka Chicken - 9.25</p>	<p>Tikka Lamb - 9.75</p>	
<p>King Prawn - 12.50</p>	<p>Chef Special - 10.95 Lamb, Chicken, Sheek</p>	

Traditional Popular Mains

<p>- MILD DISHES -</p>			<p>- SPICY DISHES -</p>		
<p>KORMA</p> <p>Very mild with fresh cream and coconut</p>	<p>PASANDA</p> <p>Very mild with fresh cream, ground nuts, cous cous & yoghurt</p>	<p>MALAYAN</p> <p>mild with cream, banana and pineapple</p>	<p>MADRAS</p> <p>Fairly hot</p>	<p>PATHIA</p> <p>Fairly hot with onions, lemon and tomatoes. Madras style</p>	<p>DANSAK</p> <p>A fairly hot sweet & sour dish with pineapple, lentils & lemon</p>
<p>- MEDIUM DISHES -</p>			<p>SAAG</p> <p>Spinach cooked with hot spices and garlic. dry dish</p>	<p>SAMBA</p> <p>Fairly hot, fresh green chillies and lentils</p>	<p>SRI LANKA</p> <p>Fairly hot with coconut, lemon, and ginger</p>
<p>PLAIN CURRY</p> <p>Medium curry</p>	<p>BHUNA</p> <p>Lots of onions slowly cooked with tomato & Coriander into a thick, dryer style sauce</p>	<p>DUPIAZA</p> <p>Lots of chopped onions, herbs and spices. Fairly Dry</p>	<p>- HOT DISHES -</p>		
<p>ROGAN</p> <p>Lots of tomatoes, onions and herbs in a rich sauce</p>	<p>METHI</p> <p>Methi leaves (Fenugreek), fresh coriander and tomatoes</p>	<p>VINDALOO</p> <p>Our very hot favourite</p>	<p>PHALL</p> <p>Our hottest curry! Feeling brave?</p>	<p>CHILLI</p> <p>Fresh green chillies, pickled chillies and spices. Bhuna Style</p>	
<p>CHICKEN/PRAWN - 8.45</p>	<p>LAMB - 8.95</p>	<p>TIKKA CHICKEN - 8.95</p>	<p>TIKKA LAMB - 8.95</p>		
<p>KING PRAWN - 11.95</p>	<p>VEGETABLE - 7.20</p>	<p>MIXED - 9.95</p>	<p>CHEF SPECIAL - 10.25 Lamb, Tikka & Sheek</p>		





Chefs Specialities

All available as a smaller dish for £1 less

SPECIAL FRIED GARLIC KING PRAWNS 11.10

Dry dish, cooked with fresh garlic and fried onions

ROYAL MANGO CHICKEN - 10.50

Chicken cooked in rich mild creamy dish, cooked in ground nuts, butter fresh cream and with a hint of mango

TANDOORI BHUNA MASSALA - 10.95

Leg Piece of Chicken cooked with a special flavour sauce made with mince meat and medium spices, served with boiled eggs

TIKKA HARIALI - 10.95

With fresh crushed garlic, ginger, green chilli, coriander, pinch of sugar, cream & spinach to give it its famous green colour.

JINGA ROSHUN - 13.50

Large King Prawn Bhuna-styled curry with lots of garlic. Medium

BIRYANI - 10.95

Choice of Chicken or Lamb. Home made style flavoured basmati rice cooked with ghee and your choice of accompanying curry sauce

JAIPURI

Medium Bhuna-type curry topped with fried mushrooms, green peppers & onions
Chicken/Lamb - 10.95 King Prawn - 13.50

JINGA RUPOSHI - 13.50

Medium Spice King Prawns Cooked with Chef's Secret Ingredients

SEA BASS PARCEL - 14.95

Sea Bass pan fried with Indian spice layed on top of a bed of curried vegetables

KARRAHI - 10.95

Choice of Chicken or Lamb. India's favourite. Chunks of green pepper, onions, bay leaves, fairly dry dish with lots of garlic. Spicy

KING PRAWN GOAN - 13.50

Madras style cooked with aromatic spices, garlic, tamarind, chilli, lemon juice & coconut

BALTI - 10.95

Choice of Chicken or Lamb. Spicy home made style curry with fresh chillies, peppers, tomatoes & mince

MURGH CHATENAT - 10.95

South Indian medium to hot spiced dish cooked with chicken.



LANKA PIAZA

Cooked with mixtures of onions, green chilli's, green peppers, special hot spices and herbs

Chicken/Lamb - 10.95 King Prawn - 13.50

JAYS RAILWAY LAMB - 11.50

A Hot dish,
A combination of Jays secret ingredients.

NAGA

Combination of a special blend of spices with naga chilli paste, fresh coriander, bhuna style.

Very Hot

Chicken/Lamb - 10.95 King Prawn - 13.50

APNA STYLE

Homemade-style curry
cooked by our award winning chef. Hot

Chicken/Lamb - 10.95 King Prawn - 13.50



MILD



MEDIUM



HOT



VERY HOT

Veg Main Dishes

Subgi Jalfrezi	Onions, masalla sauce & green peppers (hot)	7.65
Allo Gubi Masalla	Potatoes and cauliflower	7.65
Chana Gubi Bhuna	Chickpeas and Cauliflower	7.65
Veg Lanka	Green Chilli, Fried Onion & Peppers	7.65
Veg Roshun	Lots of garlic (medium)	7.65
Paneer Saag	Medium Hot, Spinach & Cheese	7.65

Veg Side Dishes

Mixed Vegetable Bhaji	4.35
Mushroom or Bindi Bhaji	4.35
Cauliflower Bhaji or Chana Gubi Bhaji	4.35
Sag Aloo or bombay Aloo	4.35
Tarka Dall	4.35
Saag Paneer	4.35



English Dishes

Served with chips, salad & peas

Chicken & Chips	5.45
Chicken Omelette	5.45
Mushroom Omelette	5.45
Cheese Omelette	5.45

Nibbles

Papadoms	0.75
Mango Chutney/Mint Sauce	0.75
Chilli Pickle or Lime Pickle	0.75
Garlic or Chilli Sauce	0.75
Pickle Tray <small>Onion / Mint / Mango</small>	2.00



Sides

Chips	2.50
Spicy Chips	2.75
Plain Curry Sauce	2.25
Any Curry Sauce	2.75

Hot Drinks

Americano	2.95
Latte	3.95
Tea	2.50
Espresso	2.95
Cappuchino	3.95



Rice Dishes

Boiled Rice	3.50
Pillau Rice	3.95

All other flavours - +50p

Mushroom, Vegetable, Chicken or Chicken Tikka, Keema, Mixed, Onion or garlic, Egg or Peas, Egg Fried Rice, Special Fried Rice, Lemon

Nawabi Sweet and Coconut	4.95
House Special Hot Rice	4.95

Breads

Plain Naan	3.25
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All other flavours - +50p

Garlic Naan, Stuffed Naan, Peshwari Naan, Garlic Corriander Naan, Keema Naan, Garlic Chilli Keema Naan, Cheese Naan

Paratha	3.30
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Stuffed Paratha Veg or keema	3.50
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Chapatti flame cooked flatbread	1.10
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Puree deep fried chapatti	1.10
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JAY'S INDIAN
@ CAFE INTERLUDE

Daily Specials

AVAILABLE 6 DAYS A WEEK
SIT IN FROM 5PM TIL 7PM

Deal 1 – 12.95

ANY MAIN DISH

ADD CHICKEN TIKKA £1.50. ADD KING PRAWN, CHEF SPECIAL OR MIXED GRILL £3.

+ PILAU RICE OR CHIPS + CHIPS OR ANY NAAN

Deal 2 – 15.50

ANY STARTER

ANY MAIN DISH

ADD CHICKEN TIKKA £1.50. ADD KING PRAWN, CHEF SPECIAL OR MIXED GRILL £3.

+ ANY RICE OR CHIPS + ANY NAAN OR CHIPS

Food Allergy?



food prepared here may contain or have come in contact with

- CRUSTACEANS
- MUSTARD
- LUPIN
- CELERY / CELERIAC
- MILK
- CEREALS CONTAINING GLUTEN
- FISH
- MOLLUSCS
- SULPHUR DIOXIDE
- EGGS
- PEANUTS
- TREE NUTS
- SESAME
- SOYBEANS

Some Dishes may contain nuts. If you are allergic to nuts or any other ingredients, please notify a member of the staff. Although every precaution has been taken to remove bones from our dishes, some may remain

The Management reserve the right to change te price and offers without prior notice and also the right to refuse custom.

